

**NOTTINGHAMSHIRE ASA**  
**COMBINED COUNTY CHAMPIONSHIPS & AGE GROUPS 2011**

BOYS	9YRS	10 YRS	11YRS	12 YRS	13YRS	14 YRS	15YRS	16/Over
50 FREE	43.4	41.3	37.2	34.3	31.9	31.5	30.0	30.0
100 FREE				1:15.8	1:10.0	1:05.8	1:03.3	1:03.3
200 FREE	3:40.2	3:10.6	2:55.9	2:44.2	2:34.7	2:26.1	2:16.5	2:16.5
400 FREE	6:31.2	6:31.2	5:33.0	5:20.0	4:55.5	4:45.0	4:35.0	4:35.0
800 FREE		11:10.0	11:10.0	10:25.6	09:56.8	09:28.6	9:15.4	9:15.4
1500 FREE			20:54.0	20:54.0	19:06.0	18:03.4	17:50.7	17:50.7
50 BREAST	57.0	53.4	48.6	44.6	41.7	39.6	37.8	37.8
100 BREAST				1:35.7	1:29.8	1:24.8	1:20.6	1:20.6
200 BREAST	4:27.6	4:03.9	3:41.9	3:28.7	3:14.8	3:03.5	2:55.3	2:55.3
50 FLY	53.1	48.2	44.2	40.5	37.3	34.6	32.21	32.21
100 FLY				1:24.9	1:18.7	1:10.2	1:09.8	1:09.8
200 FLY	4:20.9	3:50.7	3:29.5	3:16.9	3:03.5	2:51.6	2:41.3	2:41.3
50 BACK	50.54	45.98	43.1	40.6	37.7	35.1	34.1	34.1
100 BACK				1:23.7	1:19.4	1:14.7	1:11.0	1:11.0
200 BACK	3:47.8	3:26.2	3:12.8	3:02.1	2:50.6	2:37.4	2:33.8	2:33.8
100 IM	1:49.6	1:42.8	1:33.4	1:28.2	1:22.6	1:15.6	1:13.2	1:13.2
200 IM	3:58.0	3:31.7	3:13.6	3:02.3	2:48.3	2:40.7	2:32.7	2:32.7
400 IM		6:58.7	6:30.7	6:10.0	5:50.2	5:35.5	5:30.6	5:30.6

GIRLS	9YRS	10 YRS	11YRS	12 YRS	13YRS	14 YRS	15YRS	16/Over
50 FREE	45.2	41.8	36.3	34.9	33.1	32.7	32.7	32.7
100 FREE			1:17.8	1:16.3	1:12.5	1:08.6	1:08.6	1:08.6
200 FREE	3:40.3	3:11.7	2:51.2	2:45.5	2:38.3	2:29.7	2:29.7	2:29.7
400 FREE	6:35.7	6:35.7	5:33.0	5:20.0	5:05.0	4:55.0	4:55.0	4:55.0
800 FREE		11:18.0	11:18.0	10:50.8	10:00.8	9:50.8	9:30.2	9:30.2
1500 FREE			21:54.0	20:54.0	19:06.9	18:37.9	18:10.1	18:10.1
50 BREAST	58.1	52.7	47.7	45.1	42.6	40.2	40.2	40.2
100 BREAST			1:42.2	1:37.0	1:31.6	1:26.8	1:26.8	1:26.8
200 BREAST	4:29.5	4:05.3	3:40.6	3:25.4	3:18.7	3:07.4	3:07.4	3:07.4
50 FLY	54.1	46.8	41.9	39.2	37.1	36.3	36.3	36.3
100 FLY			1:35.3	1:27.7	1:22.8	1:19.4	1:19.4	1:19.4
200 FLY	4:23.3	3:52.4	3:38.5	3:15.6	3:05.1	2:57.7	2:53.0	2:53.0
50 BACK	51.5	45.3	41.4	39.2	37.7	36.7	36.7	36.7
100 BACK			1:29.8	1:22.7	1:20.1	1:16.8	1:16.8	1:16.8
200 BACK	4:02.3	3:34.3	3:09.4	3:01.2	2:54.0	2:44.3	2:44.3	2:44.3
100 IM	1:54.4	1:42.1	1:33.0	1:27.7	1:24.4	1:18.8	1:18.8	1:18.8
200 IM	3:54.4	3:28.9	3:14.8	3:05.8	2:58.3	2:49.0	2:49.0	2:49.0
400 IM		6:59.0	6:30.0	6:10.0	5:50.2	5:35.5	5:35.5	5:35.5