



EVENT 501 Boys/Girls 11 Yrs/Over 1500m Free.

BOYS 12 Yrs Age Group - Full Results

Place	Name	AaD	Club	Time	FINA Pt
1.	Kristian Duke	12	Worksop	18:10.23	474
	50m 33.15	100m 1:09.47	150m 1:46.04	200m 2:22.88	250m 2:59.31
	450m 5:27.12	500m 6:03.75	550m 6:40.58	600m 7:17.40	650m 7:53.78
	850m 10:19.83	900m 10:56.02	950m 11:32.30	1000m 12:08.80	1050m 12:45.40
	1250m 15:11.76	1300m 15:47.94	1350m 16:24.42	1400m 17:00.15	1450m 17:35.63
2.	Oliver Cooper	12	Bramcote	18:56.15	418
	50m 34.36	100m 1:12.30	150m 1:50.78	200m 2:28.75	250m 3:06.32
	450m 5:38.62	500m 6:16.85	550m 6:55.38	600m 7:33.44	650m 8:11.68
	850m 10:45.00	900m 11:22.87	950m 12:00.96	1000m 12:39.15	1050m 13:16.78
	1250m 15:49.88	1300m 16:27.85	1350m 17:05.70	1400m 17:43.62	1450m 18:21.00
3.	Lewis Illsley	12	Newark	18:56.18	418
	50m 34.40	100m 1:11.97	150m 1:50.51	200m 2:28.11	250m 3:06.39
	450m 5:39.80	500m 6:18.12	550m 6:56.61	600m 7:35.67	650m 8:14.39
	850m 10:48.78	900m 11:26.04	950m 12:05.89	1000m 12:43.90	1050m 13:21.75
	1250m 15:52.35	1300m 16:29.99	1350m 17:07.33	1400m 17:45.07	1450m 18:22.16

BOYS 13 Yrs Age Group - Full Results

Place	Name	AaD	Club	Time	FINA Pt
1.	Benjamin Palmer	13	Newark	17:45.68	507
	50m 30.48	100m 1:03.89	150m 1:38.24	200m 2:12.87	250m 2:47.28
	450m 5:08.59	500m 5:44.46	550m 6:20.29	600m 6:56.22	650m 7:31.95
	850m 9:55.48	900m 10:31.53	950m 11:07.20	1000m 11:43.19	1050m 12:19.48
	1250m 14:45.55	1300m 15:22.31	1350m 15:58.95	1400m 16:35.67	1450m 17:11.94
2.	Calum Murray	13	Calv Bing	17:59.32	488
	50m 30.60	100m 1:05.07	150m 1:40.18	200m 2:15.25	250m 2:51.12
	450m 5:15.10	500m 5:51.39	550m 6:27.49	600m 7:04.51	650m 7:41.80
	850m 10:06.02	900m 10:41.73	950m 11:18.46	1000m 11:54.79	1050m 12:31.73
	1250m 14:59.23	1300m 15:35.86	1350m 16:12.93	1400m 16:49.76	1450m 17:25.73
3.	Luke Greenwood	13	Calv Bing	18:33.76	444
	50m 32.39	100m 1:08.81	150m 1:45.80	200m 2:22.99	250m 3:00.47
	450m 5:28.91	500m 6:06.64	550m 6:43.64	600m 7:21.25	650m 7:58.83
	850m 10:28.92	900m 11:05.86	950m 11:45.19	1000m 12:22.24	1050m 13:00.36
	1250m 15:30.24	1300m 16:07.48	1350m 16:44.34	1400m 17:22.41	1450m 17:59.43
4.	Kieran-Lee Simcox	13	Worksop	18:35.42	442
	50m 33.27	100m 1:10.86	150m 1:48.17	200m 2:25.64	250m 3:02.97
	450m 5:32.60	500m 6:10.13	550m 6:47.95	600m 7:25.51	650m 8:02.56
	850m 10:32.67	900m 11:09.93	950m 11:47.57	1000m 12:24.94	1050m 13:02.20
	1250m 15:31.55	1300m 16:08.65	1350m 16:45.89	1400m 17:23.32	1450m 18:00.27
5.	Thomas Howdle	13	Bramcote	18:57.88	416
	50m 34.30	100m 1:12.62	150m 1:51.01	200m 2:29.20	250m 3:07.73
	450m 5:41.14	500m 6:19.12	550m 6:58.15	600m 7:36.56	650m 8:14.44
	850m 10:48.09	900m 11:26.04	950m 12:04.28	1000m 12:42.86	1050m 13:21.16
	1250m 15:54.11	1300m 16:31.52	1350m 17:08.83	1400m 17:46.58	1450m 18:22.92

BOYS 14 Yrs Age Group - Full Results

Place	Name	AaD	Club	Time	FINA Pt
1.	Joe Stevenson	14	Calv Bing	16:33.63	626
	50m 30.07	100m 1:02.54	150m 1:35.64	200m 2:09.15	250m 2:42.52
	450m 4:55.62	500m 5:28.59	550m 6:01.47	600m 6:34.19	650m 7:07.50
	850m 9:20.87	900m 9:54.66	950m 10:28.13	1000m 11:01.86	1050m 11:35.38
	1250m 13:48.31	1300m 14:21.04	1350m 14:54.45	1400m 15:27.32	1450m 16:00.84
2.	James Bull	14	Bramcote	16:51.74	593
	50m 30.47	100m 1:03.58	150m 1:37.13	200m 2:10.76	250m 2:44.49
	450m 4:59.69	500m 5:33.66	550m 6:07.41	600m 6:41.03	650m 7:14.83
	850m 9:30.43	900m 10:04.15	950m 10:38.22	1000m 11:12.32	1050m 11:46.46
	1250m 14:02.75	1300m 14:36.61	1350m 15:11.00	1400m 15:45.20	1450m 16:19.22
3.	Josh Stephenson-Ganner	14	Worksop	17:05.74	569
	50m 30.68	100m 1:03.96	150m 1:37.96	200m 2:12.23	250m 2:46.49
	450m 5:03.24	500m 5:37.27	550m 6:11.51	600m 6:45.83	650m 7:20.10
	850m 9:38.58	900m 10:13.15	950m 10:47.88	1000m 11:22.40	1050m 1:56.99
	1250m 14:15.57	1300m 14:50.65	1350m 15:25.47	1400m 16:00.37	1450m 16:34.15
4.	Christopher Baguley	14	Mansfield	18:14.44	468
	50m 31.79	100m 1:06.40	150m 1:41.28	200m 2:16.24	250m 2:51.83
	450m 5:17.19	500m 5:54.88	550m 6:31.90	600m 7:09.95	650m 7:47.02
	850m 10:18.12	900m 10:55.98	950m 11:34.36	1000m 12:10.36	1050m 12:46.73
	1250m 15:13.67	1300m 15:49.93	1350m 16:26.61	1400m 17:02.18	1450m 17:37.85

BOYS 15 Yrs Age Group - Full Results

Place	Name	AaD	Club	Time	FINA Pt
1.	Alexander Hunter	15	Worksop	16:37.46	619
	50m 29.98	100m 1:02.40	150m 1:35.61	200m 2:09.29	250m 2:42.53
	450m 4:55.91	500m 5:28.81	550m 6:02.36	600m 6:35.19	650m 7:08.29
	850m 9:23.58	900m 9:57.06	950m 10:30.43	1000m 11:03.89	1050m 11:37.27
	1250m 13:50.49	1300m 14:24.06	1350m 14:57.85	1400m 15:31.85	1450m 16:05.09
2.	Elliot Woodward	15	CarltonForum	16:56.79	584
	50m 30.46	100m 1:03.50	150m 1:37.14	200m 2:11.41	250m 2:45.52
	450m 5:02.34	500m 5:36.65	550m 6:10.99	600m 6:45.13	650m 7:19.41
	850m 9:36.12	900m 10:10.26	950m 10:44.42	1000m 11:18.52	1050m 11:52.73
	1250m 14:09.21	1300m 14:43.14	1350m 15:17.09	1400m 15:50.83	1450m 16:24.48
3.	Michael Shillito	15	Sherwood	17:06.66	567
	50m 30.43	100m 1:03.94	150m 1:37.97	200m 2:12.18	250m 2:46.20
	450m 5:02.56	500m 5:36.70	550m 6:10.90	600m 6:45.01	650m 7:19.60
	850m 9:38.12	900m 10:12.69	950m 10:47.51	1000m 11:21.89	1050m 11:56.63
	1250m 14:15.17	1300m 14:50.13	1350m 15:25.00	1400m 16:00.07	1450m 16:33.75



Nottinghamshire ASA

The British Gas Combined County Championships and Age Groups 2011
Gala 10 – Retford, Nottinghamshire (25m) – Saturday 12th March



BOYS 16/18 Yrs Age Group - Full Results

Place	Name	AaD	Club	Time	FINA Pt				
1.	Jorge Phenix-Coyne	16	Arnold	16:08.78	675				
	50m 28.06	100m 59.09	150m 1:30.66	200m 2:02.16	250m 2:34.13	300m 3:06.07	350m 3:38.24	400m 4:10.36	
	450m 4:42.93	500m 5:15.07	550m 5:47.48	600m 6:19.97	650m 6:52.22	700m 7:24.64	750m 7:57.18	800m 8:29.62	
	850m 9:02.26	900m 9:34.41	950m 10:06.93	1000m 10:39.31	1050m 11:11.58	1100m 11:44.19	1150m 12:17.08	1200m 12:50.33	
	1250m 13:23.17	1300m 13:56.45	1350m 14:29.73	1400m 15:03.19	1450m 15:36.50	1500m 16:08.78			
2.	Lewis Steptoe	16	Sherwood	16:19.73	653				
	50m 29.31	100m 1:01.36	150m 1:33.81	200m 2:06.37	250m 2:38.72	300m 3:11.32	350m 3:44.04	400m 4:16.82	
	450m 4:49.98	500m 5:22.37	550m 5:55.43	600m 6:28.00	650m 7:00.73	700m 7:33.64	750m 8:06.34	800m 8:39.19	
	850m 9:11.95	900m 9:44.76	950m 10:18.11	1000m 10:50.34	1050m 11:23.07	1100m 11:56.08	1150m 12:29.72	1200m 13:03.11	
	1250m 13:36.24	1300m 14:08.99	1350m 14:42.26	1400m 15:15.40	1450m 15:47.85	1500m 16:19.73			

BOYS Open Age Group - Full Results

Place	Name	AaD	Club	Time	FINA Pt				
1.	Jorge Phenix-Coyne	16	Arnold	16:08.78	675				
	50m 28.06	100m 59.09	150m 1:30.66	200m 2:02.16	250m 2:34.13	300m 3:06.07	350m 3:38.24	400m 4:10.36	
	450m 4:42.93	500m 5:15.07	550m 5:47.48	600m 6:19.97	650m 6:52.22	700m 7:24.64	750m 7:57.18	800m 8:29.62	
	850m 9:02.26	900m 9:34.41	950m 10:06.93	1000m 10:39.31	1050m 11:11.58	1100m 11:44.19	1150m 12:17.08	1200m 12:50.33	
	1250m 13:23.17	1300m 13:56.45	1350m 14:29.73	1400m 15:03.19	1450m 15:36.50	1500m 16:08.78			
2.	Lewis Steptoe	16	Sherwood	16:19.73	653				
	50m 29.31	100m 1:01.36	150m 1:33.81	200m 2:06.37	250m 2:38.72	300m 3:11.32	350m 3:44.04	400m 4:16.82	
	450m 4:49.98	500m 5:22.37	550m 5:55.43	600m 6:28.00	650m 7:00.73	700m 7:33.64	750m 8:06.34	800m 8:39.19	
	850m 9:11.95	900m 9:44.76	950m 10:18.11	1000m 10:50.34	1050m 11:23.07	1100m 11:56.08	1150m 12:29.72	1200m 13:03.11	
	1250m 13:36.24	1300m 14:08.99	1350m 14:42.26	1400m 15:15.40	1450m 15:47.85	1500m 16:19.73			
3.	Joe Stevenson	14	Calv Bing	16:33.63	626				
	50m 30.07	100m 1:02.54	150m 1:35.64	200m 2:09.15	250m 2:42.52	300m 3:15.87	350m 3:49.25	400m 4:22.57	
	450m 4:55.62	500m 5:28.59	550m 6:01.47	600m 6:34.19	650m 7:07.50	700m 7:40.86	750m 8:14.35	800m 8:47.69	
	850m 9:20.87	900m 9:54.66	950m 10:28.13	1000m 11:01.86	1050m 11:35.38	1100m 12:08.83	1150m 12:42.06	1200m 13:15.21	
	1250m 13:48.31	1300m 14:21.04	1350m 14:54.45	1400m 15:27.32	1450m 16:00.84	1500m 16:33.63			
4.	Alexander Hunter	15	Worksop	16:37.46	619				
	50m 29.98	100m 1:02.40	150m 1:35.61	200m 2:09.29	250m 2:42.53	300m 3:15.80	350m 3:49.31	400m 4:22.43	
	450m 4:55.91	500m 5:28.81	550m 6:02.36	600m 6:35.19	650m 7:08.29	700m 7:42.19	750m 8:16.27	800m 8:49.53	
	850m 9:23.58	900m 9:57.06	950m 10:30.43	1000m 11:03.89	1050m 11:37.27	1100m 12:10.56	1150m 12:43.83	1200m 13:17.20	
	1250m 13:50.49	1300m 14:24.06	1350m 14:57.85	1400m 15:31.85	1450m 16:05.09	1500m 16:37.46			
5.	James Bull	14	Bramcote	16:51.74	593				
	50m 30.47	100m 1:03.58	150m 1:37.13	200m 2:10.76	250m 2:44.49	300m 3:18.27	350m 3:52.04	400m 4:26.00	
	450m 4:59.69	500m 5:33.66	550m 6:07.41	600m 6:41.03	650m 7:14.83	700m 7:48.68	750m 8:22.49	800m 8:56.57	
	850m 9:30.43	900m 10:04.15	950m 10:38.22	1000m 11:12.32	1050m 11:46.46	1100m 12:20.48	1150m 12:54.32	1200m 13:28.70	
	1250m 14:02.75	1300m 14:36.61	1350m 15:11.00	1400m 15:45.20	1450m 16:19.22	1500m 16:51.74			
6.	Elliot Woodward	15	CarltonForum	16:56.79	584				
	50m 30.46	100m 1:03.50	150m 1:37.14	200m 2:11.41	250m 2:45.52	300m 3:19.55	350m 3:53.82	400m 4:28.00	
	450m 5:02.34	500m 5:36.65	550m 6:10.99	600m 6:45.13	650m 7:19.41	700m 7:53.49	750m 8:27.78	800m 9:02.01	
	850m 9:36.12	900m 10:10.26	950m 10:44.42	1000m 11:18.52	1050m 11:52.73	1100m 12:27.00	1150m 13:00.81	1200m 13:35.15	
	1250m 14:09.21	1300m 14:43.14	1350m 15:17.09	1400m 15:50.83	1450m 16:24.48	1500m 16:56.79			
7.	Josh Stephenson-Ganner	14	Worksop	17:05.74	569				
	50m 30.68	100m 1:03.96	150m 1:37.96	200m 2:12.23	250m 2:46.49	300m 3:20.19	350m 3:54.54	400m 4:28.80	
	450m 5:03.24	500m 5:37.27	550m 6:11.51	600m 6:45.83	650m 7:20.10	700m 7:54.55	750m 8:29.36	800m 9:04.05	
	850m 9:38.58	900m 10:13.15	950m 10:47.88	1000m 11:22.40	1050m 11:56.99	1100m 12:31.72	1150m 13:06.30	1200m 13:40.89	
	1250m 14:15.57	1300m 14:50.65	1350m 15:25.47	1400m 16:00.37	1450m 16:34.15	1500m 17:05.74			
8.	Michael Shillito	15	Sherwood	17:06.66	567				
	50m 30.43	100m 1:03.94	150m 1:37.97	200m 2:12.18	250m 2:46.20	300m 3:20.51	350m 3:54.20	400m 4:28.54	
	450m 5:02.56	500m 5:36.70	550m 6:10.90	600m 6:45.01	650m 7:19.60	700m 7:54.28	750m 8:29.17	800m 9:03.60	
	850m 9:38.12	900m 10:12.69	950m 10:47.51	1000m 11:21.89	1050m 11:56.63	1100m 12:31.17	1150m 13:05.87	1200m 13:40.49	
	1250m 14:15.17	1300m 14:50.13	1350m 15:25.00	1400m 16:00.07	1450m 16:33.75	1500m 17:06.66			
9.	Benjamin Palmer	13	Newark	17:45.68	507				
	50m 30.48	100m 1:03.89	150m 1:38.24	200m 2:12.87	250m 2:47.28	300m 3:22.34	350m 3:57.21	400m 4:32.74	
	450m 5:08.59	500m 5:44.46	550m 6:20.29	600m 6:56.22	650m 7:31.95	700m 8:08.11	750m 8:44.25	800m 9:19.89	
	850m 9:55.48	900m 10:31.53	950m 11:07.20	1000m 11:43.19	1050m 12:19.48	1100m 12:55.89	1150m 13:22.64	1200m 14:08.80	
	1250m 14:45.55	1300m 15:22.31	1350m 15:58.95	1400m 16:35.67	1450m 17:11.94	1500m 17:45.68			
10.	Calum Murray	13	Calv Bing	17:59.32	488				
	50m 30.60	100m 1:05.07	150m 1:40.18	200m 2:15.25	250m 2:51.12	300m 3:26.80	350m 4:02.85	400m 4:39.01	
	450m 5:15.10	500m 5:51.39	550m 6:27.49	600m 7:04.51	650m 7:41.80	700m 8:17.85	750m 8:53.89	800m 9:29.99	
	850m 10:06.02	900m 10:41.73	950m 11:18.46	1000m 11:54.79	1050m 12:31.73	1100m 13:08.10	1150m 13:45.52	1200m 14:22.12	
	1250m 14:59.23	1300m 15:35.86	1350m 16:12.93	1400m 16:49.76	1450m 17:25.73	1500m 17:59.32			
11.	Kristian Duke	12	Worksop	18:10.23	474				
	50m 33.15	100m 1:09.47	150m 1:46.04	200m 2:22.88	250m 2:59.31	300m 3:36.51	350m 4:13.12	400m 4:50.21	
	450m 5:27.12	500m 6:03.75	550m 6:40.58	600m 7:17.40	650m 7:53.78	700m 8:30.38	750m 9:06.84	800m 9:43.37	
	850m 10:19.83	900m 10:56.02	950m 11:32.30	1000m 12:08.80	1050m 12:45.40	1100m 13:21.99	1150m 13:58.87	1200m 14:35.26	
	1250m 15:11.76	1300m 15:47.94	1350m 16:24.42	1400m 17:00.15	1450m 17:35.63	1500m 18:10.23			
12.	Luke Greenwood	13	Calv Bing	18:33.76	444				
	50m 32.39	100m 1:08.81	150m 1:45.80	200m 2:22.99	250m 3:00.47	300m 3:37.70	350m 4:14.79	400m 4:51.98	
	450m 5:28.91	500m 6:06.64	550m 6:43.64	600m 7:21.25	650m 7:58.83	700m 8:36.64	750m 9:14.64	800m 9:52.11	
	850m 10:28.92	900m 11:05.86	950m 11:45.19	1000m 12:22.24	1050m 13:00.36	1100m 13:36.86	1150m 14:14.91	1200m 14:52.87	
	1250m 15:30.24	1300m 16:07.48	1350m 16:44.34	1400m 17:22.41	1450m 17:59.43	1500m 18:33.76			
13.	Kieran-Lee Simcox	13	Worksop	18:35.42	442				
	50m 33.27	100m 1:10.86	150m 1:48.17	200m 2:25.64	250m 3:02.97	300m 3:40.53	350m 4:17.37	400m 4:54.76	
	450m 5:32.60	500m 6:10.13	550m 6:47.95	600m 7:25.51	650m 8:02.56	700m 8:40.51	750m 9:17.88	800m 9:55.52	
	850m 10:32.67	900m 11:09.93	950m 11:47.57	1000m 12:24.94	1050m 13:02.20	1100m 13:39.59	1150m 14:16.93	1200m 14:54.12	
	1250m 15:31.55	1300m 16:08.65	1350m 16:45.89	1400m 17:23.32	1450m 18:00.27	1500m 18:35.42			
14.	Christopher Baguley	14	Mansfield	18:14.44	468				
	50m 31.79	100m 1:06.40	150m 1:41.28	200m 2:16.24	250m 2:51.83	300m 3:27.61	350m 4:03.94	400m 4:40.29	
	450m 5:17.19	500m 5:54.88	550m 6:31.90	600m 7:09.95	650m 7:47.02	700m 8:24.56	750m 9:02.53	800m 9:39.68	
	850m 10:18.12	900m 10:55.98	950m 11:34.36	1000m 12:10.36	1050m 12:46.73	1100m 13:24.24	1150m 13:59.74	1200m 14:36.73	
	1250m 15:13.67	1300m 15:49.93	1350m 16:26.61	1400m 17:02.18	1450m 17:37.85	1500m 18:14.44			
15.	Oliver Cooper	12	Bramcote	18:56.15	418				
	50m 34.36	100m 1:12.30	150m 1:50.78	200m 2:28.75	250m 3:06.32	300m 3:44.13	350m 4:22.33	400m 5:00.11	
	450m 5:38.62	500m 6:16.85	550m 6:55.38	6					



Nottinghamshire ASA

The British Gas Combined County Championships and Age Groups 2011
Gala 10 – Retford, Nottinghamshire (25m) – Saturday 12th March



16. Lewis Illsley	12 Newark	18:56.18	418
50m 34.40	100m 1:11.97	150m 1:50.51	200m 2:28.11
450m 5:39.80	500m 6:18.12	550m 6:56.61	600m 7:35.67
850m 10:48.78	900m 11:26.04	950m 12:05.89	1000m 12:43.90
1250m 15:52.35	1300m 16:29.99	1350m 17:07.33	1400m 17:45.07
17. Thomas Howdle	13 Bramcote	18:57.88	416
50m 34.30	100m 1:12.62	150m 1:51.01	200m 2:29.20
450m 5:41.14	500m 6:19.12	550m 6:58.15	600m 7:36.56
850m 10:48.09	900m 11:26.04	950m 12:04.28	1000m 12:42.86
1250m 15:54.11	1300m 16:31.52	1350m 17:08.83	1400m 17:46.58
			1450m 18:22.92
			1500m 18:57.88

GIRLS 11 Yrs Age Group - Full Results

Place	Name	AaD	Club	Time	FINA Pt
1.	Georgia Stirland	11	Calv Bing	21:04.51	396
	50m 37.31	100m 1:17.89	150m 1:59.38	200m 2:41.54	250m 3:24.02
	450m 6:13.01	500m 6:55.23	550m 7:37.10	600m 8:19.07	650m 9:01.63
	850m 11:51.46	900m 12:34.89	950m 13:18.49	1000m 14:00.93	1050m 14:43.68
	1250m 17:34.16	1300m 18:17.03	1350m 18:59.89	1400m 19:43.40	1450m 20:26.01
2.	Heavenly-Paige Gent	11	NottmLeander	21:11.15	389
	50m 36.34	100m 1:16.43	150m 1:57.62	200m 2:39.27	250m 3:21.13
	450m 6:11.57	500m 6:53.85	550m 7:36.43	600m 8:18.94	650m 9:01.49
	850m 11:53.67	900m 12:36.78	950m 13:19.66	1000m 14:02.70	1050m 14:45.69
	1250m 17:38.33	1300m 18:20.98	1350m 19:04.58	1400m 19:47.99	1450m 20:30.76
	Megan Langton	11	NottmLeander	DNC	1500m 21:11.15

GIRLS 12 Yrs Age Group - Full Results

Place	Name	AaD	Club	Time	FINA Pt
1.	Rosie Rudin	12	Calv Bing	17:22.61	706
	50m 31.90	100m 1:06.32	150m 1:40.59	200m 2:14.93	250m 2:49.37
	450m 5:07.71	500m 5:42.41	550m 6:17.23	600m 6:51.99	650m 7:27.08
	850m 9:47.26	900m 10:22.58	950m 10:57.97	1000m 11:32.77	1050m 12:08.09
	1250m 14:28.96	1300m 15:03.98	1350m 15:38.91	1400m 16:13.71	1450m 16:48.71
2.	Mollie Wright	12	Kimberley	17:36.17	679
	50m 31.46	100m 1:05.82	150m 1:40.58	200m 2:15.53	250m 2:50.78
	450m 5:12.18	500m 5:47.49	550m 6:22.91	600m 6:58.25	650m 7:33.41
	850m 9:55.82	900m 10:31.40	950m 11:06.81	1000m 11:42.51	1050m 12:18.36
	1250m 14:40.45	1300m 15:15.82	1350m 15:51.14	1400m 16:26.78	1450m 17:02.32
3.	Sarah Baird	12	Sutton	19:36.09	492
	50m 35.52	100m 1:15.31	150m 1:55.55	200m 2:36.14	250m 3:16.80
	450m 5:59.61	500m 6:40.27	550m 7:19.70	600m 7:59.72	650m 8:39.75
	850m 11:18.93	900m 11:58.25	950m 12:37.38	1000m 13:16.66	1050m 13:55.51
	1250m 16:29.12	1300m 17:07.15	1350m 17:44.85	1400m 18:22.67	1450m 19:00.28
4.	Courtney Sabbatini	12	Worksop	19:49.15	476
	50m 35.84	100m 1:14.99	150m 1:54.57	200m 2:34.28	250m 3:14.10
	450m 5:53.66	500m 6:33.21	550m 7:13.14	600m 7:52.96	650m 8:32.58
	850m 11:13.40	900m 11:53.21	950m 12:32.79	1000m 13:12.75	1050m 13:52.89
	1250m 16:32.34	1300m 17:11.79	1350m 17:51.69	1400m 18:31.76	1450m 19:11.08
					1500m 19:49.15

GIRLS 13 Yrs Age Group - Full Results

Place	Name	AaD	Club	Time	FINA Pt
1.	Shannon Brown	13	Sherwood	18:11.70	615
	50m 32.85	100m 1:08.26	150m 1:44.35	200m 2:20.49	250m 2:56.72
	450m 5:22.23	500m 5:58.89	550m 6:35.73	600m 7:12.54	650m 7:49.34
	850m 10:16.09	900m 10:52.59	950m 11:29.41	1000m 12:06.30	1050m 12:42.97
	1250m 15:10.85	1300m 15:47.09	1350m 16:23.86	1400m 17:00.16	1450m 17:36.36
2.	Danielle Binks	13	NottmLeander	18:17.34	606
	50m 32.92	100m 1:08.83	150m 1:45.23	200m 2:21.64	250m 2:58.11
	450m 5:24.35	500m 6:01.17	550m 6:37.95	600m 7:14.81	650m 7:51.70
	850m 10:19.66	900m 10:56.44	950m 11:33.17	1000m 12:10.01	1050m 12:46.60
	1250m 15:14.77	1300m 15:51.79	1350m 16:28.53	1400m 17:05.15	1450m 17:41.87
					1500m 18:17.34

GIRLS 14 Yrs Age Group - Full Results

Place	Name	AaD	Club	Time	FINA Pt
1.	Elizabeth Davies	14	Retford	17:48.04	657
	50m 32.21	100m 1:06.86	150m 1:42.09	200m 2:17.59	250m 2:53.14
	450m 5:15.60	500m 5:51.10	550m 6:26.84	600m 7:02.23	650m 7:38.27
	850m 10:01.55	900m 10:37.58	950m 11:13.85	1000m 11:49.95	1050m 12:25.56
	1250m 14:49.33	1300m 15:25.14	1350m 16:01.29	1400m 16:37.35	1450m 17:13.12
2.	Kerris Palmer	14	Mansfield	18:22.09	598
	50m 34.44	100m 1:11.50	150m 1:48.62	200m 2:25.41	250m 3:02.28
	450m 5:29.14	500m 6:05.60	550m 6:42.46	600m 7:19.45	650m 7:55.95
	850m 10:24.15	900m 11:01.22	950m 11:38.43	1000m 12:15.45	1050m 12:52.91
	1250m 15:20.01	1300m 15:56.79	1350m 16:33.75	1400m 17:10.62	1450m 17:46.76
					1500m 18:22.09



GIRLS Open Age Group - Full Results

Place	Name	AaD	Club	Time	FINA Pt				
1.	Rosie Rudin	12	Calv Bing	17:22.61	706				
	50m 31.90	100m 1:06.32	150m 1:40.59	200m 2:14.93	250m 2:49.37	300m 3:23.86	350m 3:58.54	400m 4:33.18	
	450m 5:07.71	500m 5:42.41	550m 6:17.23	600m 6:51.99	650m 7:27.08	700m 8:02.29	750m 8:37.23	800m 9:12.13	
	850m 9:47.26	900m 10:22.58	950m 10:57.97	1000m 11:32.77	1050m 12:08.09	1100m 12:43.10	1150m 13:18.72	1200m 13:53.60	
	1250m 14:28.96	1300m 15:03.98	1350m 15:38.91	1400m 16:13.71	1450m 16:48.71	1500m 17:22.61			
2.	Mollie Wright	12	Kimberley	17:36.17	679				
	50m 31.46	100m 1:05.82	150m 1:40.58	200m 2:15.53	250m 2:50.78	300m 3:25.94	350m 4:01.14	400m 4:36.65	
	450m 5:12.18	500m 5:47.49	550m 6:22.91	600m 6:58.25	650m 7:33.41	700m 8:08.81	750m 8:44.60	800m 9:20.21	
	850m 9:55.82	900m 10:31.40	950m 11:06.81	1000m 11:42.51	1050m 12:18.36	1100m 12:54.70	1150m 13:29.62	1200m 14:05.22	
	1250m 14:40.45	1300m 15:15.82	1350m 15:51.14	1400m 16:26.78	1450m 17:02.32	1500m 17:36.17			
3.	Elizabeth Davies	14	Retford	17:48.04	657				
	50m 32.21	100m 1:06.86	150m 1:42.09	200m 2:17.59	250m 2:53.14	300m 3:28.66	350m 4:04.07	400m 4:39.98	
	450m 5:15.60	500m 5:51.10	550m 6:26.84	600m 7:02.23	650m 7:38.27	700m 8:14.05	750m 8:49.56	800m 9:25.74	
	850m 10:01.55	900m 10:37.58	950m 11:13.85	1000m 11:49.95	1050m 12:25.56	1100m 13:01.81	1150m 13:37.24	1200m 14:13.14	
	1250m 14:49.33	1300m 15:25.14	1350m 16:01.29	1400m 16:37.35	1450m 17:13.12	1500m 17:48.04			
4.	Shannon Brown	13	Sherwood	18:11.70	615				
	50m 32.85	100m 1:08.26	150m 1:44.35	200m 2:20.49	250m 2:56.72	300m 3:32.82	350m 4:09.10	400m 4:45.72	
	450m 5:22.23	500m 5:58.89	550m 6:35.73	600m 7:12.54	650m 7:49.34	700m 8:26.17	750m 9:02.65	800m 9:39.58	
	850m 10:19.69	900m 10:52.59	950m 11:29.41	1000m 12:06.30	1050m 12:42.97	1100m 13:20.19	1150m 13:57.42	1200m 14:34.17	
	1250m 15:10.85	1300m 15:47.09	1350m 16:23.86	1400m 17:00.16	1450m 17:36.36	1500m 18:11.70			
5.	Danielle Binks	13	NottmLeander	18:17.34	606				
	50m 32.92	100m 1:08.83	150m 1:45.23	200m 2:21.64	250m 2:58.11	300m 3:34.62	350m 4:11.03	400m 4:47.84	
	450m 5:24.35	500m 6:01.17	550m 6:37.95	600m 7:14.81	650m 7:51.70	700m 8:28.67	750m 9:05.74	800m 9:42.96	
	850m 10:19.66	900m 10:56.44	950m 11:33.17	1000m 12:10.01	1050m 12:46.60	1100m 13:23.52	1150m 14:00.51	1200m 14:37.55	
	1250m 15:14.77	1300m 15:51.79	1350m 16:28.53	1400m 17:05.15	1450m 17:41.87	1500m 18:17.34			
6.	Kerris Palmer	14	Mansfield	18:22.09	598				
	50m 34.44	100m 1:11.50	150m 1:48.62	200m 2:25.41	250m 3:02.28	300m 3:39.17	350m 4:15.82	400m 4:52.73	
	450m 5:29.14	500m 6:05.60	550m 6:42.46	600m 7:19.45	650m 7:55.95	700m 8:33.00	750m 9:10.08	800m 9:47.00	
	850m 10:24.15	900m 11:01.22	950m 11:38.43	1000m 12:15.45	1050m 12:52.91	1100m 13:29.79	1150m 14:06.69	1200m 14:43.30	
	1250m 15:20.01	1300m 15:56.79	1350m 16:33.75	1400m 17:10.62	1450m 17:46.76	1500m 18:22.09			
7.	Sarah Baird	12	Sutton	19:36.09	492				
	50m 35.52	100m 1:15.31	150m 1:55.55	200m 2:36.14	250m 3:16.80	300m 3:57.85	350m 4:38.37	400m 5:18.93	
	450m 5:59.61	500m 6:40.27	550m 7:19.70	600m 7:59.72	650m 8:39.75	700m 9:19.17	750m 9:59.20	800m 10:38.93	
	850m 11:18.93	900m 11:58.25	950m 12:37.38	1000m 13:16.66	1050m 13:55.51	1100m 14:34.37	1150m 15:12.36	1200m 15:50.69	
	1250m 16:29.12	1300m 17:07.15	1350m 17:44.85	1400m 18:22.67	1450m 19:00.28	1500m 19:36.09			
8.	Courtney Sabbatini	12	Worksop	19:49.15	476				
	50m 35.84	100m 1:14.99	150m 1:54.57	200m 2:34.28	250m 3:14.10	300m 3:53.89	350m 4:33.89	400m 5:13.78	
	450m 5:53.66	500m 6:33.21	550m 7:13.14	600m 7:52.96	650m 8:32.58	700m 9:12.94	750m 9:53.18	800m 10:32.87	
	850m 11:13.40	900m 11:53.21	950m 12:32.79	1000m 13:12.75	1050m 13:52.89	1100m 14:32.57	1150m 15:12.57	1200m 15:52.37	
	1250m 16:32.34	1300m 17:11.79	1350m 17:51.69	1400m 18:31.76	1450m 19:11.08	1500m 19:49.15			
9.	Georgia Stirland	11	Calv Bing	21:04.51	396				
	50m 37.31	100m 1:17.89	150m 1:59.38	200m 2:41.54	250m 3:24.02	300m 4:06.28	350m 4:48.52	400m 5:30.63	
	450m 6:13.01	500m 6:55.23	550m 7:37.10	600m 8:19.07	650m 9:01.63	700m 9:43.89	750m 10:26.37	800m 11:08.40	
	850m 11:51.46	900m 12:34.89	950m 13:18.49	1000m 14:00.93	1050m 14:43.68	1100m 15:26.28	1150m 16:08.89	1200m 16:51.65	
	1250m 17:34.16	1300m 18:17.03	1350m 18:59.89	1400m 19:43.40	1450m 20:26.01	1500m 21:04.51			
10.	Heavenly-Paige Gent	11	NottmLeander	21:11.15	389				
	50m 36.34	100m 1:16.43	150m 1:57.62	200m 2:39.27	250m 3:21.13	300m 4:03.47	350m 4:46.23	400m 5:29.00	
	450m 6:11.57	500m 6:53.85	550m 7:36.43	600m 8:18.94	650m 9:01.49	700m 9:44.58	750m 10:27.29	800m 11:10.53	
	850m 11:53.67	900m 12:36.78	950m 13:19.66	1000m 14:02.70	1050m 14:45.69	1100m 15:28.67	1150m 16:11.92	1200m 16:55.29	
	1250m 17:38.33	1300m 18:20.98	1350m 19:04.58	1400m 19:47.99	1450m 20:30.76	1500m 21:11.15			
	Megan Langton	11	NottmLeander	DNC					