

Notts ASA County Age Groups 2013 Meet Timings

Please be aware that these timings are issued only as a guideline and withdrawals have not been taken into account. Each SESSION will not start before the given time but the meet will then run at its own pace. The start of subsequent events is NOT governed by the times given below. It is the swimmers responsibility to present themselves in good time for their race.

Session – 1 Beechdale, Saturday 2nd March Warm-up from 8:30am Start 9:30am

Time Allocated Between Heats Is 40 Seconds & Between Finals Is 60 Seconds

Event Sex	Stroke/Distance	Type	Competitors	Heats	Start	Total	Cumulative
101 G	400 IM	Heats	39	7	09:30	00:48	00:48
102 B	200 Br	Heats	89	15	10:18	01:06	01:54
103 G	50 Fl	Heats	122	21	11:24	00:28	02:23
104 (102)B	200 Br	Final			11:53	00:04	02:27
105 (102)B	200 Br	Final			11:57	00:04	02:31
106 (102)B	200 Br	Final			12:01	00:04	02:34

Estimated Session Finish Time 12:05pm

Session - 2 Warm-up from 12:30pm Start 1:30pm

Event Sex	Stroke/Distance	Type	Competitors	Heats	Start	Total	Cumulative
107 X	50 Ba	Heats	5	1	01:30	00:02	00:02
108 G	100 Br	Heats	70	12	01:32	00:26	00:28
109 B	200 Fr	Heats	148	25	01:58	01:27	01:56
110 G	50 Ba	Heats	156	26	03:26	00:35	02:31
111 (109)B	200 Fr	Final			04:01	00:03	02:34
112 (109)B	200 Fr	Final			04:04	00:03	02:37
113 (109)B	200 Fr	Final			04:07	00:03	02:40

Estimated Session Finish Time 4:10pm

Session - 3 Warm-up from 4:15pm Start 5:15pm

Event Sex	Stroke/Distance	Type	Competitors	Heats	Start	Total	Cumulative
114 B	400 IM	Heats	40	7	05:15	00:49	00:49
115 G	200 Ba	Heats	147	25	06:04	01:35	02:23
116 B	50 Fl	Heats	117	20	07:38	00:27	02:50
117 (115)G	200 Ba	Final			08:05	00:03	02:54
118 (115)G	200 Ba	Final			08:09	00:03	02:57
119 (115)G	200 Ba	Final			08:12	00:03	03:01

Estimated Session Finish Time 8:15pm

Session – 4 Beechdale, Sunday 3rd March Warm-up from 8:30am Start 9:30am

Event Sex	Stroke/Distance	Type	Competitors	Heats	Start	Total	Cumulative
201 G	200 Fl	Heats	45	8	09:30	00:35	00:35
202 B	400 Fr	Heats	62	11	10:05	01:09	01:44
203 G	100 Fr	Heats	110	19	11:14	00:35	02:19
204 B	50 Br	Heats	107	18	11:49	00:26	02:45
205 (201)G	200 Fl	Final			12:15	00:04	02:49
206 (201)G	200 Fl	Final			12:19	00:04	02:53
207 (201)G	200 Fl	Final			12:23	00:04	02:56

Estimated Session Finish Time 12:27pm

Session - 5 Warm-up from 1:00pm Start 2:00pm

Event Sex	Stroke/Distance	Type	Competitors	Heats	Start	Total	Cumulative
208 X	50 Br	Heats	6	1	02:00	00:02	00:02
209 B	100 Fl	Heats	22	4	02:02	00:08	00:10
210 G	200 Fr	Heats	163	28	02:10	01:38	01:48
211 B	50 Ba	Heats	135	23	03:48	00:31	02:19
212 (210)G	200 Fr	Final			04:19	00:03	02:22
213 (210)G	200 Fr	Final			04:22	00:03	02:25
214 (210)G	200 Fr	Final			04:25	00:03	02:29

Estimated Session Finish Time 4:28pm

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Session -6 Worksop, Saturday 9th March

Warm-up from 4:30pm Start 5:00pm

Time Allocated Between Heats Is 40 Seconds & Between Finals Is 60 Seconds

Event Sex	Stroke/Distance	Type	Competitors	Heats	Start	Total	Cumulative
301 B	200 Ba	Heats	110	19	05:00	01:12	01:12
302 G	800 Fr	Heats	35	6	06:12	01:08	02:20
303 (301)B	200 Ba	Final			07:20	00:03	02:23
304 (301)B	200 Ba	Final			07:23	00:03	02:27
305 (301)B	200 Ba	Final			07:27	00:03	02:30

Estimated Session Finish Time 7:30pm

Session -7 Retford, Saturday 16th March

Warm-up from 4:30pm Start 5:00pm

Event Sex	Stroke/Distance	Type	Competitors	Heats	Start	Total	Cumulative
401 G	200 Br	Heats	123	21	05:00	01:30	01:30
402 B	1500 Fr	Heats	26	5	06:30	01:42	03:12
403 (401)G	200 Br	Final			08:12	00:04	03:16
404 (401)G	200 Br	Final			08:16	00:04	03:20
405 (401)G	200 Br	Final			08:20	00:04	03:24

Estimated Session Finish Time 08:24

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Session -8 Watermeadows- Mansfield, Saturday 23rd March

Warm-up from 8.30am Start 9:30am

Time Allocated Between Heats Is 40 Seconds & Between Finals Is 60 Seconds

Event Sex	Stroke/Distance	Type	Competitors	Heats	Start	Total	Cumulative
501 X	100 Ba	Heats	11	2	09:30	00:05	00:05
502 B	200 FI	Heats	43	8	09:35	00:33	00:38
503 G	400 Fr	Heats	63	11	10:08	01:10	01:48
504 B	100 Fr	Heats	61	11	11:18	00:20	02:08
505 G	50 Br	Heats	141	24	11:38	00:35	02:43
506 (502)B	200 FI	Final			12:13	00:04	02:46
507 (502)B	200 FI	Final			12:16	00:04	02:50
508 (502)B	200 FI	Final			12:20	00:04	02:53

Estimated Session Finish Time 12:24pm

Session -9

Warm-up from 1.00pm Start 2:00pm

Event Sex	Stroke/Distance	Type	Competitors	Heats	Start	Total	Cumulative
509 X	50 Fr	Heats	12	2	02:00	00:03	00:03
510 B	200 IM	Heats	97	17	02:03	01:05	01:08
511 G	100 FI	Heats	42	7	03:08	00:14	01:22
512 B	50 Fr	Heats	178	30	03:22	00:38	02:00
513 G	100 Ba	Heats	85	15	04:00	00:30	02:30
514 (510)B	200 IM	Final			04:30	00:03	02:33
515 (510)B	200 IM	Final			04:33	00:03	02:37
516 (510)B	200 IM	Final			04:37	00:03	02:40

Estimated Session Finish Time 4:40pm

Session -10

Warm-up from 4.45pm Start 5:45pm

Event Sex	Stroke/Distance	Type	Competitors	Heats	Start	Total	Cumulative
517 G	200 IM	Heats	143	24	05:45	01:31	01:31
518 B	100 Ba	Heats	41	7	07:16	00:14	01:45
519 G	50 Fr	Heats	222	37	07:30	00:47	02:31
520 B	100 Br	Heats	20	4	08:16	00:09	02:40
521 (517)G	200 IM	Final			08:25	00:04	02:43
522 (517)G	200 IM	Final			08:28	00:04	02:47
523 (517)G	200 IM	Final			08:32	00:04	02:50

Estimated Session Finish Time 8:36pm

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Session -11 - Mansfield, Sunday 24th March

Warm-up from 8.30am Start 9:30am

Event	Sex	Stroke/Distance	Type	Competitors	Heats	Start	Total	Cumulative
601	X	100 Fr	Heats	11	2	09:30	00:04	00:04
602	B	100 IM	Heats	131	22	09:34	00:47	00:52
603	G	100 IM	Heats	176	30	10:22	01:05	01:57

Estimated Session Finish Time 11:27 + BAGCAT PRESENTATIONS

Session -12 – RELAY GALA

Warm-up from 12.30pm Start 1:30pm

Event	Sex	Stroke/Distance	Type	Competitors	Heats	Start	Total	Cumulative
610	L	200 MT	Heats	18	3	01:30	00:12	00:12
611	M	200 FT	Heats	17	3	01:42	00:10	00:22
612	L	200 MT	Heats	20	4	01:52	00:13	00:35
613	M	200 FT	Heats	15	3	02:05	00:09	00:44
614	L	200 MT	Heats	14	3	02:14	00:09	00:53
615	M	200 FT	Heats	9	2	02:23	00:06	00:59
616	L	200 MT	Heats	11	2	02:29	00:06	01:05
617	M	200 FT	Heats	10	2	02:35	00:05	01:10
618	L	400 MT	Heats	6	1	02:40	00:06	01:16
619	M	400 FT	Heats	9	2	02:46	00:09	01:25
620 (610)L		200 MT	Final			02:55	00:04	01:29
621 (611)M		200 FT	Final			02:59	00:03	01:33
622 (612)L		200 MT	Final			03:03	00:03	01:36
623 (613)M		200 FT	Final			03:06	00:03	01:39
624 (614)L		200 MT	Final			03:09	00:03	01:43
625 (615)M		200 FT	Final			03:13	00:03	01:46
626 (616)L		200 MT	Final			03:16	00:03	01:49
627 (617)M		200 FT	Final			03:19	00:03	01:52

Estimated finish 3:20pm

Break for presentations – Restart at 4:00pm

628	L	200 FT	Heats	18	3	04:00	00:11	02:03
629	M	200 MT	Heats	17	3	04:11	00:11	02:14
630	L	200 FT	Heats	20	4	04:22	00:12	02:26
631	M	200 MT	Heats	15	3	04:34	00:10	02:36
632	L	200 FT	Heats	14	3	04:44	00:08	02:45
633	M	200 MT	Heats	9	2	04:52	00:06	02:51
634	L	200 FT	Heats	11	2	04:58	00:06	02:56
635	M	200 MT	Heats	10	2	05:04	00:06	03:02
636	L	400 FT	Heats	6	1	05:10	00:05	03:07
637	M	400 MT	Heats	9	2	05:15	00:10	03:18
638 (628)L		200 FT	Final			05:25	00:04	03:21
639 (629)M		200 MT	Final			05:29	00:04	03:25
640 (630)L		200 FT	Final			05:33	00:03	03:28
641 (631)M		200 MT	Final			05:36	00:04	03:32
642 (632)L		200 FT	Final			05:40	00:03	03:35
643 (633)M		200 MT	Final			05:43	00:03	03:38
644 (634)L		200 FT	Final			05:46	00:03	03:41
645 (635)M		200 MT	Final			05:49	00:03	03:45

Estimated Session Finish Time 05:52pm