



# NOTTINGHAMSHIRE ASA COUNTY CHAMPIONSHIPS 2018



Junior Championship 14/under      Senior Championship 15/Open  
County Championship Age Bandings: 10/11yrs, 12yrs, 13yrs, 14yrs, 15yrs, 16/Ov

<b>BOYS</b>						
<b>(Age as at 31<sup>st</sup> December 2018)</b>						
	10 / 11yrs	12 yrs	13yrs	14yrs	15	16/Ov
50 FREE	38.0	35.1	33.1	32.0	31.5	31.5
100 FREE	1:24.0	1:18.2	1:11.6	1:08.9	1:05.8	1:05.8
200 FREE	3:06.6	2:50.2	2:36.5	2:33.2	2:29.9	2:29.9
400 FREE	6:30.6	5:56.6	5:29.1	5:07.0	4:45.0	4:45.0
1500 FREE		21:00.0	20:30.0	18:40.0	18:30.0	18:30.0
50 BACK	44.3	40.6	37.7	36.4	35.1	35.1
100 BACK	1:32.8	1:27.9	1:20.5	1:17.4	1:14.7	1:14.7
200 BACK	3:26.5	3:08.5	2:52.8	2:48.6	2:44.4	2:44.4
50 BREAST	51.3	45.1	43.0	40.8	39.6	39.6
100 BREAST	1:52.0	1:39.7	1:35.0	1:30.0	1:28.0	1:28.0
200 BREAST	3:57.3	3:35.6	3:25.0	3:25.0	3:17.0	3:17.0
50 FLY	44.2	40.5	37.4	36.0	34.6	34.6
100 FLY	1:55.0	1:35.7	1:30.0	1:23.0	1:20.0	1:20.0
200 FLY	3:44.3	3:31.9	3:19.4	3:05.5	2:55.3	2:55.3
200 IM	3:30.8	3:12.6	2:57.3	2:51.3	2:44.9	2:44.9
400 IM		6:30.7	6:04.8	5:50.2	5:35.5	5:35.5

<b>GIRLS</b>						
<b>(Age as at 31<sup>st</sup> December 2018)</b>						
	10 / 11yrs	12 yrs	13yrs	14yrs	15yrs	16/Ov
50 FREE	37.7	35.7	34.3	32.5	32.5	32.5
100 FREE	1:23.3	1:17.1	1:13.4	1:10.0	1:08.6	1:08.6
200 FREE	2:59.7	2:46.3	2:37.7	2:34.8	2:32.0	2:32.0
400 FREE	6:13.9	5:46.0	5:28.5	5:14.7	5:01.0	5:01.0
800 FREE		10:58.0	10:16.0	10:14.0	10:12.0	10:12.0
50 BACK	42.7	40.5	38.7	37.7	36.7	36.7
100 BACK	1:33.2	1:26.0	1:21.3	1:19.1	1:16.8	1:16.8
200 BACK	3:17.3	3:03.6	2:54.3	2:49.3	2:44.3	2:44.3
50 BREAST	48.3	45.7	43.9	42.1	40.2	40.2
100 BREAST	1:46.0	1:37.9	1:32.1	1:29.2	1:26.8	1:26.8
200 BREAST	3:47.0	3:29.9	3:17.2	3:12.1	3:12.1	3:12.1
50 FLY	43.3	39.2	37.3	36.8	36.3	36.3
100 FLY	1:50.3	1:30.0	1:25.6	1:21.9	1:19.9	1:19.9
200 FLY	3:41.3	3:25.6	3:22.0	3:06.6	3:01.9	3:01.9
200 IM	3:22.3	3:07.5	2:58.3	2:53.7	2:49.0	2:49.0
400 IM		6:44.7	6:19.1	5:57.3	5:35.5	5:35.5

**Should the championships be oversubscribed then the promoters reserve the right to reject the slowest entries. This will be achieved by applying a percentage reduction in the qualifying times across each age. Taking into account the number of swimmers and the overall length of the session.**