



# NOTTINGHAMSHIRE ASA COUNTY CHAMPIONSHIPS 2019



Junior Championship 14/under      Senior Championship 15/Over  
County Championship Age Bandings: 10/11yrs, 12yrs, 13yrs, 14yrs, 15yrs, 16/Ov

<b>BOYS</b> (Age as at 31 <sup>st</sup> December 2019)						
	10 / 11yrs	12 yrs	13yrs	14yrs	15	16/Ov
50 FREE	37.8	34.9	32.9	31.8	31.3	31.3
100 FREE	1:23.2	1:17.4	1:10.9	1:08.2	1:05.1	1:05.1
200 FREE	3:04.7	2:48.5	2:34.9	2:31.7	2:28.4	2:28.4
400 FREE	6:26.7	5:53.0	5:25.8	5:03.9	4:42.1	4:42.1
800 FREE		For entry qualification see note*				
1500 FREE		21:00.0	20:30.0	18:40.0	18:30.0	18:30.0
50 BACK	44.1	40.4	37.5	36.2	34.9	34.9
100 BACK	1:31.9	1:27.0	1:19.7	1:16.6	1:14.0	1:14.0
200 BACK	3:24.4	3:06.6	2:51.0	2:46.9	2:42.8	2:42.8
50 BREAST	51.0	44.9	42.8	40.6	39.4	39.4
100 BREAST	1:50.9	1:38.7	1:34.0	1:29.1	1:27.1	1:27.1
200 BREAST	3:54.9	3:33.4	3:23.0	3:23.0	3:15.0	3:15.0
50 FLY	44.0	40.3	37.2	35.8	34.4	34.4
100 FLY	1:53.9	1:34.7	1:29.1	1:22.1	1:19.2	1:19.2
200 FLY	3:44.3	3:31.9	3:19.4	3:05.5	2:55.3	2:55.3
200 IM	3:28.7	3:10.7	2:55.5	2:49.6	2:43.2	2:43.2
400 IM		6:26.8	6:01.1	5:46.7	5:32.1	5:32.1

<b>GIRLS</b> (Age as at 31 <sup>st</sup> December 2019)						
	10 / 11yrs	12 yrs	13yrs	14yrs	15yrs	16/Ov
50 FREE	37.5	35.5	34.1	32.3	32.3	32.3
100 FREE	1:22.5	1:16.3	1:12.7	1:09.3	1:07.9	1:07.9
200 FREE	2:57.9	2:44.6	2:36.1	2:33.2	2:30.5	2:30.5
400 FREE	6:10.2	5:42.5	5:25.2	5:11.5	4:58.0	4:58.0
800 FREE		10:58.0	10:16.0	10:14.0	10:12.0	10:12.0
1500 FREE		For entry qualification see note*				
50 BACK	42.5	40.3	38.5	37.5	36.5	36.5
100 BACK	1:32.3	1:25.1	1:20.5	1:18.3	1:16.0	1:16.0
200 BACK	3:15.3	3:01.8	2:52.6	2:47.6	2:42.6	2:42.6
50 BREAST	48.1	45.5	43.7	41.9	40.0	40.0
100 BREAST	1:44.9	1:36.9	1:31.2	1:28.3	1:25.9	1:25.9
200 BREAST	3:44.7	3:27.8	3:15.2	3:10.2	3:10.2	3:10.2
50 FLY	43.1	39.0	37.1	36.6	36.1	36.1
100 FLY	1:49.2	1:29.1	1:24.7	1:21.0	1:19.1	1:19.1
200 FLY	3:41.3	3:25.6	3:22.0	3:06.6	3:01.9	3:01.9
200 IM	3:20.3	3:05.6	2:56.5	2:52.0	2:47.3	2:47.3
400 IM		6:40.6	6:15.3	5:53.7	5:32.1	5:32.1

**Should the championships be oversubscribed then the promoters reserve the right to reject the slowest entries. This will be achieved by applying a percentage reduction in the qualifying times across each age. Taking into account the number of swimmers and the overall length of the session.**

**\*PLEASE SEE NOTE RE THE REINTRODUCTION OF THE 'REVERSE' EVENTS i.e. Male 800m & Female 1500m**