

**Event 218 Mens/Womens Open 100m Freestyle**

H 1	L 2	Benjamin Rees	22	S6	Mansfield	2:07.90
	L 3	Max Davies	12	S9	Worksop	1:36.70
	L 4	Joe Seage	20	S14	Retford	1:00.21
	L 5	Andrew Banks	33		Bingham Peng	1:26.47
	L 6	Ellie Spokes	16	S6	Bramcote	1:56.70

**Event 219 Girls 10 Yrs/Over 400m Freestyle**

H 1	L 1	Harriet Dickerson	11	NottmLeander	6:09.04
	L 2	Sophie Leveridge	11	Calv Bing	6:08.82
	L 3	Ruby Westmoreland	10	Radford	6:06.94
	L 4	Jennifer Walker	11	Retford	6:05.39
	L 5	Poppy Shorthose	11	Mansfield	6:03.35
	L 6	Elissia Bowen	10	NottmLeander	6:02.25
	L 7	Emma Beale	11	NottmLeander	6:01.74
	L 8	Kaitlyn Butters	11	Worksop	5:49.06

H 2	L 1	Freya Gibbons	11	Sherwood	5:48.08
	L 2	Rebeka Hodi	11	NottmLeander	5:42.17
	L 3	Neve Bursztyn	12	CarltonForum	5:42.11
	L 4	Olivia Beard	11	Bramcote	5:41.81
	L 5	Edie Syrett	12	NottmLeander	5:37.14
	L 6	Katie Merryweather	12	CarltonForum	5:31.77
	L 7	Samantha Millere	12	NottmLeander	5:28.64
	L 8	Rhianna Wright	13	Falcon Nttm	5:24.77

H 3	L 1	Lucy Smeeton	13	Worksop	5:24.15
	L 2	Grace Howes	13	NottmLeander	5:22.86
	L 3	Ruby Maiden	12	Sherwood	5:22.74
	L 4	Ava Buxton	12	Calv Bing	5:21.29
	L 5	Emma Demandt	13	NottmLeander	5:20.41
	L 6	Amelia Hargrave	13	Mansfield	5:18.87
	L 7	Freya Peace	12	Worksop	5:14.79
	L 8	Jessica Cater	12	Bramcote	5:11.94

H 4	L 1	Molly Etherington	13	Sutton	5:09.37
	L 2	Amillia Moth	13	Radford	5:07.89
	L 3	Breanna Chamberlain	12	Retford	5:07.83
	L 4	Keira Dobbs	14	Sutton	5:07.73
	L 5	Jessica Wright	13	Bramcote	5:07.34
	L 6	Hannah Edwards	13	Bramcote	5:05.87
	L 7	Emily Mitchell	13	Retford	5:05.70
	L 8	Abigail Gilding	13	Arnold	5:03.03

H 5	L 1	Ellie Loades	13	Bramcote	4:58.42
	L 2	Jessica Brandom	12	Bramcote	4:57.84
	L 3	Samantha Coleman	14	NottmLeander	4:57.05
	L 4	Rose Gubbins	13	NottNorthern	4:55.33
	L 5	Milli-Jo Macdonald	14	Arnold	4:55.30
	L 6	Caitlin Hutcheson	18	Bramcote	4:55.18
	L 7	Marija Romanovskaja	13	Newark	4:54.37
	L 8	Evie Johnson	12	Bramcote	4:54.16

H 6	L 1	Grace Manson	14	Sherwood	4:54.06
	L 2	Kyra Macdonald	17	Arnold	4:53.22
	L 3	Honey Baxendale	14	Arnold	4:50.70
	L 4	Ellie Bunker	16	Sutton	4:50.60
	L 5	Libby Dove	14	Sutton	4:49.20
	L 6	Amelia Stevenson	14	Retford	4:48.77
	L 7	Jessica Shephard	15	Kimberley	4:47.30
	L 8	Jessica Collishaw	16	NottmLeander	4:46.96

H 7	L 1	Alicia Clark	13	Worksop	4:46.85
	L 2	Lily Jackson-Oates	14	Arnold	4:45.50
	L 3	Ellie Blakey	15	Arnold	4:44.70
	L 4	Talitha Oud	14	Sutton	4:44.35
	L 5	Ella Beard	16	Bramcote	4:44.35
	L 6	Emily Morris	14	Bramcote	4:44.28
	L 7	Ziyenne Shanker	14	NottmLeander	4:43.07
	L 8	Sarah Holmes	14	Sutton	4:41.48

H 8	L 1	Isabella Hobson-Corbet	14	Retford	4:40.93
	L 2	Lucy Conroy	15	Worksop	4:40.73
	L 3	Ellie Read	17	Sutton	4:38.86
	L 4	Heidi Marriott	14	Sherwood	4:37.77
	L 5	Summer Simpson	15	Bramcote	4:34.77
	L 6	Kate Morris	14	Bramcote	4:32.30
	L 7	Sofia Allen	19	Uni of Nott	4:28.82
	L 8	Natasha Utley	17	Retford	4:28.80

H 9	L 1	Georgia Milton	19	Uni of Nott	4:28.40
	L 2	Emma Erskine	15	NottmLeander	4:27.23
	L 3	Rebecca Flisher	17	Sherwood	4:24.81
	L 4	Polly Holden	20	Arnold	4:07.32
	L 5	Mollie Wright	21	Kimberley	4:16.69
	L 6	Annie Pearson	17	NottmLeander	4:27.20
	L 7	Chloe Quinn	16	Sutton	4:28.30
	L 8	Livia Kingsland	14	Kimberley	4:28.70

**Event 220 Boys 10 Yrs/Over 100m Freestyle**

H 1	L 1	Niklas Saukko-Paavola	11	Bramcote	1:23.17
	L 2	Euan Hayes-Wormall	11	Worksop	1:22.86
	L 3	Gilbert Bailey	11	NottmLeander	1:22.58
	L 4	Thomas West	10	Bramcote	1:22.33
	L 5	Oliver Norman	11	Bramcote	1:22.33
	L 6	Oliver Richmond	11	Sherwood	1:22.30
	L 7	Ellis Senior	10	Sutton	1:21.47
	L 8	Tobias Hughes	11	Calv Bing	1:21.37

H 2	L 1	Brodie Butlin	10	Mansfield	1:21.29
	L 2	Finley O'Neill	10	Radford	1:19.86
	L 3	Owen Rafferty	11	Retford	1:19.77
	L 4	Takayuki Kamura	11	Nottportland	1:19.22
	L 5	Joby Mannie Evans	11	Sherwood	1:19.01
	L 6	King Wai Zhang-Lei	11	Bramcote	1:18.57
	L 7	Samuel Price	10	Mansfield	1:18.02
	L 8	Scott Miller	12	Bramcote	1:17.13

H 3	L 1	Jared Collins	11	Sutton	1:17.09
	L 2	Jacob Milward	12	Radford	1:16.10
	L 3	Ewan Squire	12	Bramcote	1:15.86
	L 4	Oliver Coleman	12	NottmLeander	1:15.17
	L 5	Stanley Milasinovich	12	Sutton	1:12.24
	L 6	Jake Franse	12	Worksop	1:11.90
	L 7	Erno Lapis	11	NottmLeander	1:11.58
	L 8	George Cummings	12	NottmLeander	1:11.44

H 4	L 1	Owen Hathway	13	Mansfield	1:10.48
	L 2	Oliver Hopkin	12	Calv Bing	1:10.45
	L 3	Jenson Ward	12	Calv Bing	1:10.38
	L 4	Evan Hawley	12	Sutton	1:10.22
	L 5	Jack Carter	13	Sherwood	1:10.05
	L 6	Daniel Walker	12	Arnold	1:09.94
	L 7	Ethan Potter	11	Sutton	1:09.71
	L 8	Liam Hill	12	Sutton	1:09.63

H 5	L 1	Cole Herman	12	Radford	1:09.42
	L 2	Mason Brown	12	Mansfield	1:09.24
	L 3	Jamie Love	11	Mansfield	1:09.14
	L 4	Reuben Fox	13	CarltonForum	1:08.95
	L 5	Harry McKeaney	12	Sutton	1:08.92
	L 6	Aaron Johnson	13	NottmLeander	1:08.79
	L 7	Matthew Cox	12	Calv Bing	1:08.74
	L 8	James Berry	12	Calv Bing	1:08.73

H 6	L 1	Tyler Brown	14	Mansfield	1:08.01
	L 2	Harry Wakelin	14	Sutton	1:07.87
	L 3	Judd Tucker	13	Nottportland	1:07.86
	L 4	Daniel Oyaide-Nicholls	13	NottmLeander	1:07.65
	L 5	Isaac Bennison	14	Falcon Nttm	1:07.40
	L 6	Adam Clifton	14	Radford	1:07.22
	L 7	Zak Frisby	12	Radford	1:07.15
	L 8	Edward Bailey	13	NottmLeander	1:06.74

H 7	L 1	Kyran Cubitt	12	Arnold	1:06.39
	L 2	Isaac Beighton	14	Radford	1:06.12
	L 3	Thomas Polley	13	Sutton	1:05.90
	L 4	Callum Brookes	13	Sherwood	1:05.87
	L 5	Toby Thorpe	13	Sutton	1:05.79
	L 6	Harry Benzies	14	Retford	1:05.70
	L 7	Noah Rai	13	Calv Bing	1:05.46
	L 8	Tristan Dixon-Teasdale	14	Newark	1:05.43

H 8	L 1	Harrison Walker	14	Arnold	1:05.22
	L 2	Dylan Walker	14	Radford	1:05.21
	L 3	Kieran Howard	13	Bramcote	1:05.18
	L 4	Cameron Breedon	13	Calv Bing	1:05.10
	L 5	Matthew Jackson	14	Arnold	1:04.99
	L 6	Michael Senior	14	Sutton	1:04.88
	L 7	Oliver Silver	13	Mansfield	1:04.84
	L 8	Charlie Canavan	14	Bramcote	1:04.81



H 9	L 1	Toby Love	13	Mansfield	1:04.68	H 18	L 1	Edward Durham	16	Worksop	57.30
	L 2	Dawid Grab	15	Newark	1:04.63		L 2	Kris Moodley	17	NottmLeander	57.29
	L 3	Adam Read	14	Sutton	1:04.59		L 3	Liam Dawson	14	Arnold	56.89
	L 4	Miles Shaw	15	Newark	1:04.46		L 4	Finley Bunhejee	14	Kimberley	56.70
	L 5	Samuel Easton	16	Arnold	1:04.44		L 5	Michael McLennan	21	NottmLeander	56.70
	L 6	Benjamin Cuthill	15	Arnold	1:04.24		L 6	Gabriel Oyaide-Nicholl	16	NottmLeander	56.50
	L 7	Bailey Slater	14	Sutton	1:04.23		L 7	Tobias Brown	18	NottmLeander	56.48
	L 8	Martin Valtchanov	15	Bramcote	1:04.21		L 8	Dawid Sroka	15	Sherwood	56.40
H 10	L 1	Jacob Clements	15	Retford	1:04.21	H 19	L 1	Malachy McGuinness	16	Retford	56.13
	L 2	Makar Babenko	15	Retford	1:04.17		L 2	Joseph Kingsland	16	Kimberley	56.00
	L 3	Francis Dermody	14	Sutton	1:03.85		L 3	Matthew Shipley	17	Kimberley	56.00
	L 4	Alfie Silver	13	Mansfield	1:03.77		L 4	Ryan Wilcox	17	Bramcote	55.70
	L 5	Lewes Shorthose	13	Mansfield	1:03.67		L 5	Kelsey Edwards	18	Sutton	55.60
	L 6	Sammy Rahimzadeh	14	Bramcote	1:03.67		L 6	Joshua Skinner	16	NottmLeander	55.35
	L 7	Jonathon Lambert	17	NottmLeander	1:03.59		L 7	Joshua Harris	18	Bramcote	54.96
	L 8	McKenzie Matthews	14	NottmLeander	1:03.57		L 8	Dominic Frost	19	Uni of Nott	54.94
H 11	L 1	Archie Ellis	16	Sutton	1:03.52	H 20	L 1	Sebastian Blackwell	19	Uni of Nott	54.90
	L 2	Kallum Quirke	13	NottNorthern	1:03.26		L 2	Andrew Hall	16	NottmLeander	54.70
	L 3	Connor Wilcox	15	Bramcote	1:03.26		L 3	Tom Trueman	15	Sutton	54.67
	L 4	Ryan Banks	15	NottmLeander	1:03.23		L 4	Ruslan Golubs	20	Sutton	54.01
	L 5	Lewis Meade	14	Mansfield	1:03.21		L 5	Christopher Lambert	19	NottmLeander	53.80
	L 6	William Soden-Barton	15	NottmLeander	1:03.01		L 6	Dominic Bools	16	Radford	53.46
	L 7	Marik Goodwin	16	Worksop	1:03.00		L 7	Samuel Williams	19	Arnold	53.40
	L 8	George Wilson	17	Radford	1:02.88		L 8	Oliver Taylor	19	Retford	53.10
H 12	L 1	Dylan Webster-Deakin	16	Radford	1:02.76	<b>Event 221 Girls 10 Yrs/Over 50m Backstroke</b>					
	L 2	Luke Derivan	15	NottmLeander	1:02.71	H 1	L 2	Elissia Bowen	10	NottmLeander	42.54
	L 3	Isaac Smith	13	Worksop	1:02.67		L 3	Emly Wright	10	Calv Bing	42.46
	L 4	Elliot Sibley	14	Calv Bing	1:02.50		L 4	Harriet Dickerson	11	NottmLeander	42.45
	L 5	Lewis Warner	14	Calv Bing	1:02.44		L 5	Jennifer Walker	11	Retford	42.30
	L 6	Connor Byron	14	NottmLeander	1:02.20		L 6	Darcie Taylor	11	Bramcote	42.12
	L 7	Luke Mitchell	18	CarltonForum	1:01.76		L 7	Poppy Shorthose	11	Mansfield	42.03
	L 8	Owen Harding	15	Sherwood	1:01.68	H 2	L 1	Amber Walker	11	Radford	41.62
H 13	L 1	Benjamin Flinton	16	Sherwood	1:01.65		L 2	Philippa Hickman	11	CarltonForum	41.38
	L 2	Callum Peel	15	Sutton	1:01.62		L 3	Freya Gibbons	11	Sherwood	40.98
	L 3	Oludaisi Adefisan	19	Uni of Nott	1:01.50		L 4	Edie Syrett	12	NottmLeander	40.14
	L 4	Jake Saunders	17	CarltonForum	1:01.50		L 5	Grace Dell	12	Bramcote	40.05
	L 5	Samuel Cooke	18	CarltonForum	1:01.49		L 6	Ruby Wetherill	11	Calv Bing	39.98
	L 6	Jak Bodycott	15	Arnold	1:01.42		L 7	Olivia Beard	11	Bramcote	39.96
	L 7	William Turnock	15	Calv Bing	1:01.29		L 8	Sophie Gibbs	12	Radford	39.74
	L 8	Finley Ellis	14	NottmLeander	1:01.27	H 3	L 1	Noor Scothorn	12	Calv Bing	39.69
H 14	L 1	Tom Giles	16	Calv Bing	1:00.66		L 2	Sophie Smith	11	Worksop	39.63
	L 2	Max Davies	14	Arnold	1:00.61		L 3	Paige Spice	12	Sutton	39.56
	L 3	James Danson	14	NottmLeander	1:00.53		L 4	Ava Buxton	12	Calv Bing	39.46
	L 4	Edward Roberts	18	Nottportland	1:00.50		L 5	Hannah Robinson	12	Sherwood	39.36
	L 5	Alexander Cheung	15	Arnold	1:00.37		L 6	Gracie Walker	12	Sutton	39.28
	L 6	Jake Lee	15	Retford	1:00.30		L 7	Ruby Maiden	12	Sherwood	39.26
	L 7	Scott Shelton	18	NottmLeander	1:00.19		L 8	Kaitlyn Butters	11	Worksop	38.98
	L 8	Declan Breedon	15	Calv Bing	1:00.00	H 4	L 1	Jessica Cater	12	Bramcote	38.91
H 15	L 1	Adam Hudson	17	Sutton	59.94		L 2	Neve Burszty	12	CarltonForum	38.79
	L 2	Niall Goy	17	Worksop	59.90		L 3	Emily Hawkins	12	Arnold	38.59
	L 3	Connor Marsh	17	Sutton	59.84		L 4	Marissa Li	11	NottmLeander	38.53
	L 4	Latrell Wynter	16	Radford	59.72		L 5	Amelia Taylor	12	Bramcote	38.36
	L 5	Jody Gillott	14	Worksop	59.72		L 6	Emily Shakespeare	13	Worksop	38.28
	L 6	Joshua Merrifield	16	Arnold	59.61		L 7	Kate Walker	13	Mansfield	38.23
	L 7	Oliver Clay	17	Radford	59.40		L 8	Erin Lee	13	Bramcote	38.17
	L 8	Lynden Johnson	16	Hucknall Lin	59.22	H 5	L 1	Molly Etherington	13	Sutton	38.05
H 16	L 1	Cillian McGuinness	14	Retford	59.15		L 2	Emma Demandt	13	NottmLeander	37.90
	L 2	Matthew Spalton	17	Bramcote	59.12		L 3	Abigail Gilding	13	Arnold	37.77
	L 3	George Webster	17	Falcon Nttm	58.86		L 4	Katie Merryweather	12	CarltonForum	37.64
	L 4	Charlie Birch	17	Bramcote	58.71		L 5	Isobell Shephard	13	Kimberley	37.60
	L 5	Joshua Leeson	17	Sutton	58.70		L 6	Grace Howes	13	NottmLeander	37.53
	L 6	Benjamin Pierpoint	16	Calv Bing	58.60		L 7	Sophie Hall	13	Bramcote	37.53
	L 7	Bradley Francis	17	NottmLeander	58.49		L 8	Ava Heald	13	Retford	37.41
	L 8	Liam Marsh	19	Sutton	58.40	H 6	L 1	Leah Hannaford	14	Radford	37.36
H 17	L 1	Thomas White	17	Arnold	58.21		L 2	Amy Aboutorab	12	NottmLeander	37.29
	L 2	Matt Leach	43	NottmLeander	58.13		L 3	Amber Kirk	14	Arnold	37.21
	L 3	Callum Kettlewell	15	Retford	58.02		L 4	Evie Johnson	12	Bramcote	37.00
	L 4	Kyle Merryweather	15	CarltonForum	57.90		L 5	Christie Finch	14	Calv Bing	37.00
	L 5	James Cox	15	Calv Bing	57.76		L 6	Amelia Gibson	12	Mansfield	36.93
	L 6	Daniel Johnston	20	Sutton	57.66		L 7	Inaya Stubbs	14	Retford	36.86
	L 7	Dominic Gillow	17	Bircotes SC	57.45		L 8	Grace Phillips	16	NottNorthern	36.55
	L 8	Matthew Fallon	17	NottmLeander	57.36						



H 7	L 1	Jessica Brandom	12	Bramcote	36.44	H 16	L 1	Talitha Oud	14	Sutton	33.01
	L 2	Jessica Church	14	Sutton	36.26		L 2	Kyra Macdonald	17	Arnold	32.69
	L 3	Evie Allsop	15	Falcon Nttm	36.23		L 3	Sophie Hutson	17	Sutton	32.68
	L 4	Heather Edwards	17	Sutton	36.20		L 4	Lucy Conroy	15	Worksop	32.54
	L 5	Rebecca Darrington	13	Sherwood	36.18		L 5	Milli-Jo Macdonald	14	Arnold	32.43
	L 6	Lily Jackson-Oates	14	Arnold	36.17		L 6	Sarah Holmes	14	Sutton	32.33
	L 7	Millie Smith	15	CarltonForum	36.17		L 7	Ellis Malson	17	Sutton	32.30
	L 8	Rosie Hoyle	18	CarltonForum	36.16		L 8	Ella Gallagher	16	NottmLeander	32.10
H 8	L 1	Elissa Langton	16	Sutton	36.06	H 17	L 1	Jade Clarke	23	Sherwood	31.69
	L 2	Breanna Chamberlain	12	Retford	36.05		L 2	Natasha Utley	17	Retford	31.42
	L 3	Hannah Edwards	13	Bramcote	35.99		L 3	Chloe Peach	19	Sutton	31.40
	L 4	Ellie Loades	13	Bramcote	35.93		L 4	Heidi Marriott	14	Sherwood	31.31
	L 5	Kelsey Giles	18	Calv Bing	35.90		L 5	Kate Morris	14	Bramcote	31.08
	L 6	Emily Rickards	15	NottmLeander	35.89		L 6	Jessica Li	14	NottmLeander	30.88
	L 7	Erin Dixon	15	NottmLeander	35.89		L 7	Emma Erskine	15	NottmLeander	30.87
	L 8	Emily Mitchell	13	Retford	35.88		L 8	Courtney Price	21	NottmLeander	28.85
H 9	L 1	Ellie Smeeton	16	Worksop	35.88	<b>Event 222 Boys 10 Yrs/Over 200m Breaststroke</b>					
	L 2	Jessica Shephard	15	Kimberley	35.80	H 1	L 2	Oliver Norman	11	Bramcote	3:54.37
	L 3	Abigail Young	14	Mansfield	35.78		L 3	Ellis Senior	10	Sutton	3:52.66
	L 4	Erin McFerran	15	NottmLeander	35.70		L 4	Brodie Butlin	10	Mansfield	3:51.10
	L 5	Lucy Carter	15	Sherwood	35.68		L 5	Benjamin Tunstall	10	Bramcote	3:48.60
	L 6	Madeleine Gisby	16	Radford	35.62		L 6	Finley O'Neill	10	Radford	3:48.15
	L 7	Gracie Palmer	15	Newark	35.60		L 7	Thomas West	10	Bramcote	3:47.53
	L 8	Eve Turnbull	12	CarltonForum	35.53	H 2	L 1	Gilbert Bailey	11	NottmLeander	3:45.49
H 10	L 1	Jessica Scoular	16	Worksop	35.50		L 2	Luke Chambers	11	Falcon Nttm	3:40.28
	L 2	Gabrielle Marriott	16	Nottportland	35.44		L 3	Jared Collins	11	Sutton	3:40.18
	L 3	Maddie Benton	14	Calv Bing	35.43		L 4	Takayuki Kamura	11	Nottportland	3:39.57
	L 4	Ellie Barker	17	Falcon Nttm	35.42		L 5	Oliver Richmond	11	Sherwood	3:37.25
	L 5	Eleanor Watson	15	Arnold	35.40		L 6	Joby Mannie Evans	11	Sherwood	3:35.57
	L 6	Charlotte Woodward	16	NottmLeander	35.39		L 7	Jamie Love	11	Mansfield	3:35.01
	L 7	Hettie Chambers	15	Radford	35.36		L 8	Jacob Milward	12	Radford	3:32.94
	L 8	Nancy Millward	13	Bramcote	35.34	H 3	L 1	Stanley Milasinovich	12	Sutton	3:31.20
H 11	L 1	Sophie Cooke	13	Sherwood	35.34		L 2	Ethan Potter	11	Sutton	3:30.80
	L 2	Samantha Coleman	14	NottmLeander	35.30		L 3	Jake Franse	12	Worksop	3:28.93
	L 3	Grace Manson	14	Sherwood	35.30		L 4	King Wai Zhang-Lei	11	Bramcote	3:28.70
	L 4	Freya Peace	12	Worksop	35.23		L 5	William Dumbrell	12	Sherwood	3:28.20
	L 5	Amelia Hargrave	13	Mansfield	35.23		L 6	Niklas Saukko-Paavola	11	Bramcote	3:27.78
	L 6	Amaia Steele	13	Arnold	35.18		L 7	Daniel Walker	12	Arnold	3:26.51
	L 7	Holly Bramwell-Ward	14	NottmLeander	35.14		L 8	Reuben Mason	13	Bramcote	3:22.62
	L 8	Rhianna Wright	13	Falcon Nttm	35.12	H 4	L 1	Harrison Walker	14	Arnold	3:21.27
H 12	L 1	Chloe Coleman	13	Sutton	34.97		L 2	Isaac Bennison	14	Falcon Nttm	3:20.72
	L 2	Katie Hill	12	Hucknall Lin	34.94		L 3	Cole Herman	12	Radford	3:20.50
	L 3	Emily Morris	14	Bramcote	34.83		L 4	Isaac Smith	13	Worksop	3:19.50
	L 4	Bethany Easton	13	Arnold	34.65		L 5	Reuben Fox	13	CarltonForum	3:18.40
	L 5	Keira Dobbs	14	Sutton	34.60		L 6	Kyren Goodwin	13	Worksop	3:18.40
	L 6	Abigail Gregory	17	Radford	34.54		L 7	Rufus Webster-Deakin	14	Radford	3:16.58
	L 7	Charlotte Petley	19	Retford	34.51		L 8	Josh Rayns	13	Arnold	3:15.76
	L 8	Amillia Moth	13	Radford	34.30	H 5	L 1	Evan Hawley	12	Sutton	3:14.34
H 13	L 1	Ellie Read	17	Sutton	34.28		L 2	Joseph Lilley	14	Falcon Nttm	3:13.37
	L 2	Morgan Green	16	Arnold	34.28		L 3	Oliver Sharp	15	NottmLeander	3:12.97
	L 3	Becky Whittaker	14	Calv Bing	34.19		L 4	Daniel Oyaide-Nicholls	15	NottmLeander	3:12.96
	L 4	Megan Hanson	17	Kimberley	34.16		L 5	George Cummings	12	NottmLeander	3:12.40
	L 5	Fern Hunter	14	Bramcote	34.10		L 6	Matthew Jackson	14	Arnold	3:11.42
	L 6	Katherine Loker	34	Calv Bing	34.09		L 7	George Wilson	17	Radford	3:10.80
	L 7	Lottie Warsop	15	Calv Bing	34.00		L 8	Mason Brown	12	Mansfield	3:10.72
	L 8	Ziyenne Shanker	14	NottmLeander	33.95	H 6	L 1	Matthew Cox	12	Calv Bing	3:09.84
H 14	L 1	Frankie Ward	14	Calv Bing	33.92		L 2	Edward Bailey	13	NottmLeander	3:08.17
	L 2	Amelia Stevenson	14	Retford	33.84		L 3	Harry Brancham	13	Retford	3:07.18
	L 3	Elsbeth Moran	16	Calv Bing	33.74		L 4	Tristan Dixon-Teasdale	14	Newark	3:06.54
	L 4	Ellethea Hawley	15	Sutton	33.72		L 5	Thomas Polley	13	Sutton	3:05.69
	L 5	Rose Gubbins	13	NottNorthern	33.72		L 6	James Berry	12	Calv Bing	3:05.17
	L 6	Jessica Wright	13	Bramcote	33.59		L 7	Adam Read	14	Sutton	3:04.54
	L 7	Alicia Clark	13	Worksop	33.56		L 8	Toby Thorpe	13	Sutton	3:03.88
	L 8	Honey Baxendale	14	Arnold	33.50	H 7	L 1	Lucas Ellis	13	NottmLeander	3:03.32
H 15	L 1	Chloe Quinn	16	Sutton	33.40		L 2	Archie Ellis	16	Sutton	3:01.64
	L 2	Ella Croft	16	Calv Bing	33.34		L 3	Kieran Howard	13	Bramcote	3:01.23
	L 3	Emily Hannaford	16	Radford	33.32		L 4	Tom Giles	16	Calv Bing	3:01.10
	L 4	Jessica Collishaw	16	NottmLeander	33.21		L 5	Samuel Cooke	18	CarltonForum	3:01.09
	L 5	Isabella Hobson-Corbet	14	Retford	33.20		L 6	Cameron Breedon	13	Calv Bing	3:00.43
	L 6	Charlie-May Meade	15	Mansfield	33.18		L 7	Tyler Brown	14	Mansfield	3:00.19
	L 7	Rose Dickerson	13	NottmLeander	33.11		L 8	Connor Byron	14	NottmLeander	2:59.76
	L 8	Emma Peel	15	Sutton	33.03						



H 8	L 1	Dylan Webster-Deakin	16	Radford	2:59.68
	L 2	Dawid Grab	15	Newark	2:59.24
	L 3	James Danson	14	NottmLeander	2:59.00
	L 4	Kyle Merryweather	15	CarltonForum	2:58.49
	L 5	Marik Goodwin	16	Worksop	2:58.46
	L 6	Noah Rai	13	Calv Bing	2:58.38
	L 7	Harry Wakelin	14	Sutton	2:57.94
	L 8	Declan Breedon	15	Calv Bing	2:57.80
H 9	L 1	Jake Saunders	17	CarltonForum	2:56.70
	L 2	Adam Clifton	14	Radford	2:55.17
	L 3	Sammy Rahimzadeh	14	Bramcote	2:54.55
	L 4	Matthew Spalton	17	Bramcote	2:53.70
	L 5	Lynden Johnson	16	Hucknall Lin	2:53.16
	L 6	Jonathon Lambert	17	NottmLeander	2:51.36
	L 7	William Soden-Barton	15	NottmLeander	2:50.10
	L 8	McKenzie Matthews	14	NottmLeander	2:49.75
H 10	L 1	Matthew Fallon	17	NottmLeander	2:49.57
	L 2	Charlie Canavan	14	Bramcote	2:47.62
	L 3	Benjamin Webster	17	Bramcote	2:47.03
	L 4	Michael Senior	14	Sutton	2:45.81
	L 5	Callum Kettlewell	15	Retford	2:44.54
	L 6	Kris Moodley	17	NottmLeander	2:44.37
	L 7	Albie Stapleton	16	Arnold	2:44.15
	L 8	Harry Benzies	14	Retford	2:43.29
H 11	L 1	Gabriel Oyaide-Nicholl	16	NottmLeander	2:42.79
	L 2	Jacob Clements	15	Retford	2:42.65
	L 3	Luke Derivan	15	NottmLeander	2:40.62
	L 4	George Webster	17	Falcon Nttm	2:40.53
	L 5	Liam Dawson	14	Arnold	2:40.31
	L 6	Elliot Sibley	14	Calv Bing	2:40.27
	L 7	Callum Peel	15	Sutton	2:38.92
	L 8	Scott Shelton	18	NottmLeander	2:37.66
H 12	L 1	Joshua Harris	18	Bramcote	2:35.20
	L 2	Aron Preece	20	Uni of Nott	2:29.18
	L 3	Dominic Bools	16	Radford	2:28.74
	L 4	Thomas White	17	Arnold	2:26.29
	L 5	James Webster	19	Bramcote	2:28.56
	L 6	Ryan Wilcox	17	Bramcote	2:29.10
	L 7	Joseph Kingsland	16	Kimberley	2:31.00
	L 8	Dominic Gillow	17	Bircotes SC	2:35.22