



NOTTINGHAMSHIRE ASA – COUNTY CHAMPIONSHIPS 2023

2023 QUALIFICATION TIMES

Version 2



Junior Championship 14/under Senior Championship 15/Over
County Championship Age Bandings: 10/11yrs, 12yrs, 13yrs, 14yrs, 15yrs, 16/Ov

BOYS(Age as at 31 st December 2023)						
TIMES BASED ON SHORT COURSE 25m Pool						
	10 / 11yrs	12 yrs	13yrs	14yrs	15yrs	16/Ov
50 FREE	42.7	35.7	32.8	31.5	29.6	28.4
100 FREE	1.39.2	1.22.6	1.10.3	1.07.3	1.05.5	1.01.8
200 FREE	3.52.4	2.54.1	2.31.7	2.28.1	2.19.6	2.17.0
400 FREE	6.53.4	6.09.5	5.23.1	5.00.0	4.50.2	4.38.7
800 FREE	n/a	15.00.0	14.00.0	13.00.0	12.00.0	12.00.0
1500 FREE	n/a	24.00.0	23.00.0	22.00.0	21.00.0	21.00.0
50 BACK	49.3	41.8	38.2	36.9	36.6	34.6
100 BACK	1.57.9	1.34.2	1.19.3	1.18.1	1.18.0	1.12.4
200 BACK	3.52.4	3.31.3	2.55.8	2.55.8	2.55.8	2.52.0
50 BREAST	57.1	48.2	45.1	42.6	41.5	39.2
100 BREAST	2.12.3	1.47.1	1.37.5	1.30.0	1.27.8	1.27.8
200 BREAST	4.40.0	3.53.2	3.33.4	3.22.7	3.20.0	3.20.0
50 FLY	57.0	45.1	38.4	35.0	33.3	32.5
100 FLY	1.57.8	1.49.5	1.35.9	1.28.6	1.23.5	1.18.8
200 FLY	4.00.0	3.52.0	3.48.0	3.43.2	3.30.7	3.28.7
200 IM	3.50.0	3.16.9	2.56.2	2.47.4	2.36.6	2.34.0
400 IM	n/a	6.50.0	6.20.8	5.49.1	5.38.0	5.38.0

GIRLS (Age as at 31 st December 2023)						
TIMES BASED ON SHORT COURSE 25m Pool						
	10 / 11yrs	12 yrs	13yrs	14yrs	15yrs	16/Ov
50 FREE	39.5	35.7	34.2	32.1	31.1	31.1
100 FREE	1.26.7	1.19.8	1.14.3	1.08.7	1.07.7	1.07.7
200 FREE	3.07.9	2.53.3	2.37.7	2.26.8	2.24.2	2.24.2
400 FREE	6.36.9	5.49.1	5.26.4	5.02.4	4.51.2	4.50.2
800 FREE	n/a	15.00.0	14.00.0	13.00.0	12.00.0	12.00.0
1500 FREE	n/a	25.00.0	24.00.0	23.00.0	22.00.0	22.00.0
50 BACK	45.5	41.7	40.2	38.0	37.0	37.0
100 BACK	1.36.3	1.31.1	1.24.4	1.21.0	1.18.5	1.18.5
200 BACK	4.01.5	3.24.5	3.18.0	2.49.7	2.49.7	2.49.7
50 BREAST	51.3	47.4	46.1	43.1	43.1	43.1
100 BREAST	1.52.9	1.41.7	1.36.8	1.32.2	1.31.7	1.31.7
200 BREAST	4.00.7	3.44.7	3.25.7	3.15.3	3.15.3	3.15.3
50 FLY	47.0	44.2	40.2	36.2	36.2	36.2
100 FLY	2.03.3	2.00.0	1.44.6	1.33.6	1.19.9	1.19.9
200 FLY	4.00.0	3.57.8	3.40.8	3.32.0	3.30.0	3.30.0
200 IM	3.27.8	3.14.0	2.57.8	2.47.0	2.44.3	2.44.3
400 IM	n/a	7.22.0	6.28.0	5.50.5	5.47.8	5.43.3

Times must be recorded in the National Rankings database from
1st January 2022 from meets licensed at Level 1,2,3 and 4.

Should the championships be oversubscribed then the promoters reserve the right to reject the slowest entries.
This will be achieved by applying a percentage reduction in the qualifying times across each age. Taking into account the number of swimmers and the overall length of the session.