

## Nottinghamshire ASA Presents Festive Frenzy Gala 2015



(Under ASA Laws and ASA Technical Rules of Swimming)
(Licensed Level 3 - 3EM152187)

## Saturday 19<sup>th</sup> and Sunday 20<sup>th</sup> December 2015 Harvey Hadden Sports Village, Nottingham, 50m Pool

Saturday Afternoon Session

101	10/OV	Male	400m	IM
102	09/OV	Female	200m	Freestyle
103	09/OV	Male	100m	Butterfly
104	09/OV	Female	200m	Backstroke

**Sunday Morning Session** 

301	09/OV	Female	200m	Breaststroke
302	09/OV	Male	400m	Freestyle
303	09/OV	Female	100m	Freestyle
304	09/OV	Male	100m	Backstroke
305	09/OV	Female	100m	Breaststroke
306	09/OV	Male	200m	Butterfly
307	09/OV	Female	200m	IM

**Saturday Evening Session** 

201	10/OV	Female	400m	IM
202	09/OV	Male	200m	Freestyle
203	09/OV	Female	100m	Butterfly
204	09/OV	Male	200m	Backstroke

**Sunday Afternoon Session** 

401	09/OV	Male	200m	Breaststroke
402	09/OV	Female	400m	Freestyle
403	09/OV	Male	100m	Freestyle
404	09/OV	Female	100m	Backstroke
405	09/OV	Male	100m	Breaststroke
406	09/OV	Female	200m	Butterfly
407	09/OV	Male	200m	IM

## ALL COMMUNICATION WILL BE VIA THE WEBSITE AND EMAIL

## This meet is ONLY open to Members of clubs within the East Midlands Region

Last chance event to gain qualifying times for the 2016 Nottinghamshire County Championships

Age as at 20<sup>th</sup> December 2015, 9-15 years and Over

Closing date for entries is Wednesday 2<sup>nd</sup> December 2015 Entry fee per event £5.00 Cheques payable to "Notts ASA"

Coaches Passes cost £10 each (Both Days covered)

ALL entries must be submitted electronically using SportSystems Entry Manager and emailed to the meet administrator by the closing date above.

This meet will be first come first served, so please get your entries in early to avoid disappointment.

Electronic entry files to be emailed to: wintergala@notts-swimming.co.uk



