



Nottinghamshire ASA
Presents

The Summer Gala 2026

(Under Swim England Regulations and Technical Rules)
Licensed Level 3



Saturday 18th & Sunday 19th July 2026
Harvey Hadden Sports Village, Nottingham, 25m Pool

INDIVIDUAL ENTRY FORM

Name:		Date of Birth:	
Club:		SE Registration Number:	
Gender:	Male / Female	Telephone Number:	
E-Mail:			

Event	Time in 25m Pool
100m Freestyle	
200m Freestyle	
400m Freestyle	
100m Backstroke	
200m Backstroke	
100m Breaststroke	
200m Breaststroke	
100m Butterfly	
200m Butterfly	
200m Individual Medley	

No of entries on this form @ £7.50 = £.....

- The competition is open to swimmers who are members of any Swim England Affiliated Club.
- All swimmers must reach the qualification standard for the event they are entering but not be faster than the upper limit times.
- The 400m Freestyle event may be limited depending on the entry level for the meet.
- Closing date for all entries will be at midnight on Tuesday 7th July 2026 or earlier if the meet is full.



www.notts-swimming.co.uk

